

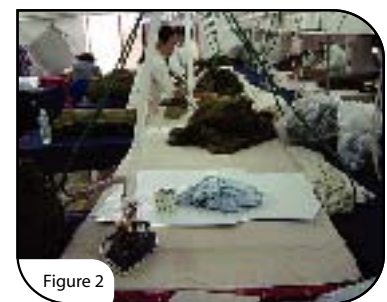
Good Practices

Ironing Workstation Design

A well-designed workstation is crucial to productive and efficient work. Even minor changes in workstation design can make a big difference to productivity and health and safety.

Good practices for ironing workstations

- Attach an elastic spring to the iron to reduce worker fatigue and improve the productivity (Figure 1).
- Provide an 'ironing pad' which the iron can rest on when it is not in use. This protects the surface and will keep the iron clean (Figure 2).
- Provide a 'fatigue mat' to workers who iron in the standing position. This will help to reduce fatigue and improve productivity (Figure 3).



Benefits:

- ✓ Increases productivity
- ✓ Improves garment quality
- ✓ Reduces absenteeism due to sickness
- ✓ Demonstrates that the factory cares about the health and welfare of its employees

How:

- ✓ Install springs, fatigue mats, and ironing pad at each ironing workstation
- ✓ All necessary equipment is available in Cambodia

Cost:

\$

\$ Low cost

\$\$ Moderate cost

\$\$\$ High cost